



FETA & FRUIT SPINACH SALAD

Serves 2-4

INGREDIENT	PREPARATION	UNIT	AMOUNT
SPINACH		5 OZ BAG	1
DRIED CHERRIES	OR DRIED CRANBERRIES	CUPS	1/3
GREEN ONIONS	CHOPPED	EACH	3
GREEN APPLE	CHOPPED	EACH	1
RED GRAPES	SLICED	CUPS	1/2
WALNUTS	CHOPPED	CUPS	1/3
FETA CHEESE	CRUMBLLED	CUPS	1/3
<i>For Dressing</i>			
APPLE CIDER VINEGAR		TBS.	1
OLIVE OIL		TBS.	3
SALT AND PEPPER			TO TASTE

1. PUT THE SPINACH INTO A LARGE BOWL.
2. PREPARE REMAINING INGREDIENTS AND PLACE ON TOP OF THE SPINACH.
3. MIX TOGETHER DRESSING INGREDIENTS AND TOSS WITH SALAD JUST BEFORE SERVING. MAKE MORE DRESSING IF DESIRED.