



PEAR, WALNUT & BLUE CHEESE SALAD

Serves 2-4

INGREDIENT	PREPARATION	UNIT	AMOUNT
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SALAD:

LETTUCE		5 OZ BAG	1
PEARS	CHOPPED	EACH	1
WALNUTS	CHOPPED	CUPS	1/3
BLUE CHEESE	CRUMBLLED	OUNCES	3
<i>For Dressing:</i>			
BALSAMIC VINEGAR		TBS.	2
OLIVE OIL		TBS.	4
DIJON MUSTARD		TSP.	2
BLACK PEPPER			TO TASTE

1. PUT LETTUCE IN A BIG BOWL.
2. CHOP PEARS AND ADD TO LETTUCE.
3. ADD CHOPPED WALNUTS AND CRUMBLLED BLUE CHEESE.
4. TOSS WITH DRESSING. DRESS LIGHTLY. YOU MAY NOT NEED ALL THE DRESSING